

ST COLUMBA'S CHURCH

Families Newsletter - 20th September 2020



MAKING MANNA

You will need,

- Aprons
- Small dishes
- Cornflakes
- Frosted cereal flakes
- Wafers
- Small biscuits
- Runny honey
- Paper plates
- Cling film

Chat about the manna that the Israelites tasted in the story of Moses. Nobody really knows what it looked like, but it may have tasted a little like this...

Give your child a paper plate. Put the cornflakes, frosted flakes wafers and small biscuits out, and let the children choose a handful of the ones that they want/like. Bring out the runny honey and the icing sugar. Ask the children to cover their biscuits, etc with the honey. Next shake on some icing sugar. Once the children have finished experimenting, let them taste what they have made. Ask them to describe how it tastes.

A NOTE FROM ANGUS

Hi Families of St Columba's,

Hope you have had a great week and that you, your teachers and family members are settling into the new school year. I imagine there may be quite a lot of new routines to get used to – staying in your “bubble”, where you can, and cannot walk or play, washing hands and wiping surfaces etc. This might feel a bit restricting, limiting some of the ways you used to enjoy yourself. I guess there might be some grumbles and complaints – maybe just from the grown-ups! But I am sure the rules are in place to help protect everyone as much as possible.

One of the stories we will read in church this Sunday has quite a lot of grumbling in it too!. It continues from last week's story of the miraculous crossing of the Red Sea by the Children of Israel, as they escaped from captivity in Egypt. This week they find themselves wandering in the wilderness, far from home, uncertain where they are headed, hungry and complaining. Then comes the story of how God hears their unhappiness and provides manna/bread from heaven.

Enjoy listening to/reading the story from Exodus 16:2-15 and try out some of the activities in the newsletter.



MEMORY GAME

You will need, objects or pictures to represent food, families, friends, homes, a tray and a cloth to cover the tray.

Set the objects/pictures on the tray and explain that they remind us of things that God gives us, food to eat, families to live, homes to live in and friends to play with.

Cover the tray with the cloth and remove one item, without letting the children see. Reveal the tray again; what is missing? When the children have guessed, remind them of what the remaining items show. Repeat until the tray is empty. Can the children remember all the items, now they cannot see them? Play the game in reverse, adding an item each time.

When the tray is complete again, say thank you to God for each item, for example, “thank you God for food to eat!”

DRAWING AND PRAYING

You will need paper, and something to draw and colour with, pens, pencils, crayons, chalk, etc...

Ask the children “What can we thank God for?” Suggest some ideas, eg, food to eat, families to love, etc. Remind the children that God can provide what we need. Encourage the children to draw something that God gives them. Get them to tell you what they have drawn. Ask them what they would like to say to God about their picture. Ask them to write it on the sheet under the picture, or write for them if they need help.

Remind the children of the story. The people were hungry and needed food, God gave it to them. They were thirsty and needed water, God gave it to them. Read the children’s words as a little prayer.